



Team Sunny Delight

Courtesy photo

# Families helping families

This past holiday season, the Child Abuse Prevention Center's Families Helping Families program, helped 372 families and raised more than \$75,000 for the Prevention Center's parenting education and mental health programs. This year's Families Helping Families program connected Prevention Center clients who are at risk for child abuse with community resources, holiday gifts and meals.

Each year, the Prevention Center encourages the Orange County community to open their hearts and give to those who are less fortunate. Thanks to the volunteer efforts of over 915 individuals, 372 families were "adopted" for the holidays.

Due to the efforts of individuals and volunteers working for companies such as The Roosters, Haskell and White LLP, LeapFrog, American Technologies and more, the Prevention Center was able to distribute more than 7,500 gifts and 144 meals to families in need.

"Nothing makes the holidays like spending time together as a healthy and positive family. Our Families Helping Families program is crucial to our clients' well-being, by reducing the every day stress associated with this time of year and giving them hope for the holidays," comments Child Abuse Prevention Center Executive Director, Scott Trotter

The Child Abuse Prevention Center is dedicated to serving at-risk children and families with programs that break the generational cycle of child abuse and family violence. The Prevention Center's early intervention programs have well-documented records of strengthening and improving parent-child relationships and working to prevent abuse before it occurs. Since 1983, the Prevention Center has served more than 190,000 Orange County residents – including 15,000 children, 3,800 parents and 4,300 families in the last year alone. For additional information and involvement opportunities, please visit the Prevention Center's web site at [www.BrightFutures4Kids.org](http://www.BrightFutures4Kids.org).